



Ernie's visit to the vet during Covid-19 restrictions

Ernie the Lurcher was a stray. He had been seen roaming around a rural village before being rescued by Jean. His attachment to her was immediately strong.

A few weeks later, Ernie appeared to be walking oddly. Jean felt that she should get Ernie checked out by her vet but was very worried about not being able to go into the surgery with him, due to the COVID-19 restrictions.

Having spoken to her vet, Jean began feeding Breakthrough Dog food to help reduce Ernie's over attachment to her. Breakthrough is the complete, dry, dog food version of the well-known serotonin enhancing diet devised by Val Strong. Additionally, Jean began a series of methods to reduce Ernie's over dependency.



Within a few weeks there was a significant improvement to Ernie's emotional state and he was able to be examined by the vet without Jean being present.

Ernie's confidence continues to improve, and he is still being fed Breakthrough dog food.

To read the full case history, showing the behavioural methods used, and to find out more about how Breakthrough dog food can play a major part in managing anxiety and stress in dogs, please go to:

breakthroughdog.co.uk/breakthrough-veterinary-resources/