

Breakthrough Case Study: improving food guarding

Molly is an 8-month-old working type spaniel who came to her family in the summer of 2020. Due to COVID-19 restrictions they were not able to visit Molly as a puppy and see how she was being reared.

At about 4 months old Molly started to show signs of food guarding. Molly's behaviour deteriorated, culminating in bites to both her owners. Her vets suggested rehoming or euthanasia.

Molly had a long-term history of loose faeces and frequent toileting, including in her crate at night. When I met her, Molly had a body condition score of 4/9, Molly's owners had changed her food from a commercial kibble to a home cooked chicken, rice, and vegetable diet.

I felt Breakthrough could be helpful for Molly, but I was reluctant to change her diet as her gut issues were just settling down.



Using Val Strong's original serotonin enhancing diet and making changes to her home routine, Molly showed great improvement after just 2 weeks. The advantage of the original serotonin raising diet is that it can be used where dogs have specific dietary requirements due to underlying medical conditions.

To read the full case history, showing the behavioural methods used, and to find out more about how Breakthrough dog food can play a major part in managing anxiety and stress in dogs, please go to:

breakthroughdog.co.uk/breakthrough-veterinary-resources/